

**NYSOFA 246 (04/19)**

**COMPASS – Comprehensive Assessment for Aging Network Community-Based Long Term Care Services**

**INTAKE INFORMATION**

A. Person's Name: \_\_\_\_\_

B. Address: \_\_\_\_\_

C. Phone #: H: \_\_\_\_\_ C: \_\_\_\_\_ E-mail: \_\_\_\_\_

D. Date of Referral: \_\_\_\_\_ (mm/dd/yyyy)

E. Referral Source (*Specify Name, Agency and Phone*): \_\_\_\_\_

F. Presenting Problem/Person's Concern(s): \_\_\_\_\_

G. Does the person know that a referral has been made? [ ] Yes [ ] No if no why not? \_\_\_\_\_

H. Intake Workers Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

*The client information contained in this assessment instrument is confidential and may be shared with others only as necessary to implement the client's care plan and comply with program requirements, including but not limited to monitoring, research and evaluation.*

**NYSOFA 246 (04/19) CO M PASS - Comprehensive Assessment for Aging Network  
Community Based Long Term Care Services**

The client information contained in this assessment instrument is confidential and may be shared with others only as necessary to implement the client's care plan and comply with program requirements, including but not limited to monitoring, research and evaluation.

**CASE IDENTIFICATION**

Client ID: \_\_\_\_\_

Assessment Date (mm/dd/yyyy): \_\_\_/\_\_\_/\_\_\_\_\_

Assessor Name: \_\_\_\_\_

Assessment Agency: \_\_\_\_\_

Reason for COMPASS Completion:

Initial Assessment

Reassessment

Next Assessment Date (mm/dd/yyyy): \_\_\_/\_\_\_/\_\_\_\_\_

HDM Recipient 6 Month Contact Date Due (mm/dd/yyyy): \_\_\_/\_\_\_/\_\_\_\_\_ (for those clients whose cluster 1 services only include Home Delivered Meals)

**CLIENT INFORMATION**

A. Person's Name: \_\_\_\_\_

B. Address (including zip code):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

C. E-mail: \_\_\_\_\_

D. Phone Numbers:

Home: \_\_\_\_\_

Work: \_\_\_\_\_

Cell: \_\_\_\_\_

**E. Social Security No. (Last 4 digits only):** \_\_\_\_\_

F. Marital Status: (Check one)

Married     Widowed     Domestic Partner or Significant Other     Divorced

Separated     Single

G. Sex:

What was your sex at birth (on your original birth certificate)?

Female  Male

H. Transgender - Gender Identity or Expression?

Some people describe themselves as transgender when they experience a different gender identity from their sex at birth. For example, a person, born into a male body, but who feels female or lives as a woman. Do you consider yourself to be transgender?

- No;
- Yes, transgender male to female;
- Yes, transgender female to male;
- Yes, transgender, do not identify as male or female.
- Did not answer.

I. Birth Date (mm/dd/yyyy): \_\_\_\_\_ Age: \_\_\_\_\_

J. Race/Ethnicity

Race (check one)

- American Indian/Native Alaskan  Asian  Black or African American
- White – Hispanic  White - Not Hispanic
- Native Hawaiian/Other Pacific Islander  Other Race  2 or More Races

Ethnicity (check one)

- Not Hispanic or Latino  Hispanic or Latino

K. Sexual Orientation

- Do you think of yourself as:
- Heterosexual or Straight  Homosexual or Gay
  - Lesbian  Bisexual  Not Sure
  - Did Not Answer  Other

L. Creed:  Christianity  Islam  Hinduism  Buddhism  Judaism  Did Not Answer  
 Atheist  Other (Specify) \_\_\_\_\_

M. National Origin: \_\_\_\_\_

N. Primary Language (Check all that apply)

	English	Spanish	Chinese	Russian	Italian	Haitian Creole	Korean	Other
Speaks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reads	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understands orally	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

O. Client does not speak English as their primary language and has ONLY a limited ability to read, speak, write or understand English.  Yes\*  No

\* Identify Primary Language: \_\_\_\_\_

Client has been informed of their right to no cost interpretation?  Yes  No

Communication plan identifying how language access needs will be met during service delivery:

\_\_\_\_\_

If professional interpretation services are declined, has client signed waiver of declination of interpreter services?  Yes  No

Does the client have a hearing, speech or visual impairment that requires accommodation for effective communication with service providers?  Yes\*  No

\*Communication plan ( i.e. use of 711/Relay, reading of printed material, ASL interpreter): \_\_\_\_\_

P. Living-Arrangement:

- Alone  With Spouse  Domestic Partner Only  With Domestic Partner & Others  
 With Spouse & others  With Relatives (excludes spouse)  With Non-Relative(s)  
 Others Not listed

Q. Contact Information:

1. Emergency Contact:			
<b>Primary</b>		<b>Secondary</b>	
Name:		Name:	
Address:		Address:	
Relationship:		Relationship:	
Home Phone:		Home Phone:	
Cell Phone:		Cell Phone:	

Contact	Relation	Address	Home Phone	Work Phone	Mobile Phone	Care Giver	Status	Type

R. Elder Abuse/Neglect Issues

1. During the last 6 months have you experienced any of the following forms of abuse?

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Physical Abuse         | <input type="checkbox"/> Active and Passive Neglect | <input type="checkbox"/> Sexual Abuse      |
| <input type="checkbox"/> Self Neglect           | <input type="checkbox"/> Emotional Abuse            | <input type="checkbox"/> Domestic Violence |
| <input type="checkbox"/> Financial Exploitation | <input type="checkbox"/> Other (e.g. Abandonment)   | <input type="checkbox"/> None Reported     |



C. Home Safety Checklist: (Check all that apply)

Housing Issues: Please select all that apply:			
<input type="checkbox"/>	Accumulated garbage	<input type="checkbox"/>	Bad odors
<input type="checkbox"/>	Carbon monoxide detectors not present/not working or older than 7 years	<input type="checkbox"/>	Client has no adequate/consistent heat and hot water
<input type="checkbox"/>	Client has no/inadequate lighting	<input type="checkbox"/>	Client has serious plumbing problems
<input type="checkbox"/>	Client is at imminent risk of eviction/foreclosure	<input type="checkbox"/>	Client is at imminent risk of utility shut off
<input type="checkbox"/>	Dirty living areas?	<input type="checkbox"/>	Doorway widths are inadequate
<input type="checkbox"/>	Exposed wiring/electric cords?	<input type="checkbox"/>	Floors and stairways dirty and cluttered
<input type="checkbox"/>	Furnace not working	<input type="checkbox"/>	Insects/vermin?
<input type="checkbox"/>	Loose scatter rugs present in one or more rooms	<input type="checkbox"/>	Mold/mildew signs present?
<input type="checkbox"/>	No access to phone/emergency numbers?	<input type="checkbox"/>	No grab bar in tub or shower
<input type="checkbox"/>	No handrails on the stairway	<input type="checkbox"/>	No lamp or light switch within easy reach of the bed
<input type="checkbox"/>	No lights in the bathroom or in the hallway	<input type="checkbox"/>	No locks on doors or not working
<input type="checkbox"/>	No rubber mats or non-slip decals in the tub or shower	<input type="checkbox"/>	Roof leaks
<input type="checkbox"/>	Smoke detectors not present/not working or older than 10 years	<input type="checkbox"/>	Smokers in household
<input type="checkbox"/>	Stairs are not lit	<input type="checkbox"/>	Stairways are not in good condition
<input type="checkbox"/>	Telephone and appliance cords are strung across areas where people walk	<input type="checkbox"/>	Traffic lane from the bedroom to the bathroom is not clear of obstacles
<input type="checkbox"/>	Other (Specify)	<input type="checkbox"/>	No Housing Issues

D. Does the client have a working air conditioner?  Yes  No  
 If 'Yes', does the client use the air conditioner in the summer?  Yes  No

E. Energy Checklist

- Presence of drafts or cold spots
- Use of space heaters
- Heating fuel used:  natural gas;  oil;  electric;  propane;  wood;  other: \_\_\_\_\_
- Estimate monthly energy bill: \$ \_\_\_\_\_

F. Does the client have family/friends who visit at least weekly?  Yes  No

G. Does the client speak with family/friends at least several times weekly?  Yes  No

H. Is the client able to participate in any outside social activities such as church, etc. at least weekly?  
 Yes  No

I. Is neighborhood safety an issue?  Yes  No If Yes, Describe) \_\_\_\_\_  
 Neighborhood Comments: \_\_\_\_\_

J. 1. Does client have pet(s)?  Yes  No

a.  Cats # of \_\_\_\_\_

b.  Dogs# of \_\_\_\_\_

c.  Other Specify: \_\_\_\_\_

2. Are the pets a barrier to service provision?  Yes  No

3. Is the pet a Service Animal?  Yes  No

4. Have all pets had all required vaccinations including rabies shot this year (e.g. rabies, parvo, distemper, etc.)?  Yes  No If no explain: \_\_\_\_\_

5. In the event of an "emergency" are there plans for the care of the pet(s)?  Yes  No

K. Is client able to self-evacuate their residence in the event of emergency?  Yes  No

\*Identify needs and evacuation plan (i.e. mobility impaired, lives on 3rd floor-elevator required, client on special needs registry) \_\_\_\_\_

L. Is the client currently receiving ongoing medical treatments that require accommodation in the event of emergency or inclement weather? (i.e. dialysis, chemotherapy, methadone maintenance)

Yes  No

Treatment/Provider Contact Information: \_\_\_\_\_

M. a. In the event of emergency or power outage does the client utilize devices or equipment that require electricity or an alternate power source? (i.e. oxygen, nebulizer, C-Pap machine, power chair that requires daily charging)  Yes  No

b. Identify equipment, service provider contact information:

Equipment	Provider/Contact	Backup plan	Release on File Y N

**III HEALTH STATUS**

A. Health Care Providers:		
	Name	Telephone
Primary Physician:		
Clinic/HMO		
Hospital:		
Primary Pharmacy:		
Dentist or Hygienist:		
Other:		

**B. Medical Insurance:**

	Name	Number
Health Insurance Provider:		
Secondary Health Insurance Provider:		
Prescription Coverage Plan:		
Other Health Insurance Provider:		

Has Medicaid:	<input type="checkbox"/> Yes <input type="checkbox"/> No	Medicaid No.:		
Has Medicare:	<input type="checkbox"/> Yes <input type="checkbox"/> No	Medicare No.:		
Medicare Type:	<input type="checkbox"/> A and B	<input type="checkbox"/> A and D	<input type="checkbox"/> A only	<input type="checkbox"/> A, B, and D
<input type="checkbox"/> A, B, and C	<input type="checkbox"/> A, B, C, and D	<input type="checkbox"/> B and D	<input type="checkbox"/> B only	<input type="checkbox"/> D only

C. Does the client have an assigned case manager/care coordinator/case worker through their health plan or other long term care plan?  Yes  No  
Case Manager/Care Coordinator Name and Contact Info: \_\_\_\_\_

D. Does the person have a self-declared chronic illness and/or disability?

<input type="checkbox"/> Alcoholism*	<input type="checkbox"/> Alzheimer's	<input type="checkbox"/> Anorexia*
<input type="checkbox"/> Arthritis	<input checked="" type="checkbox"/> Asthma	<input checked="" type="checkbox"/> Back Problems
<input type="checkbox"/> Cancer*	<input type="checkbox"/> Cellulitis	<input checked="" type="checkbox"/> Chronic Diarrhea*
<input type="checkbox"/> Chronic Obstructive Pulmonary Disease (COPD)	<input type="checkbox"/> Chronic Pain	<input type="checkbox"/> Colitis*
<input type="checkbox"/> Colostomy*	<input type="checkbox"/> Congestive heart failure*	<input type="checkbox"/> Constipation*
<input type="checkbox"/> Decubitus Ulcers*	<input type="checkbox"/> Dehydration*	<input checked="" type="checkbox"/> Dementia Related Illness
<input type="checkbox"/> Dental problems*	<input type="checkbox"/> Dev. disabilities	<input checked="" type="checkbox"/> Diabetes (Type 1) *
<input checked="" type="checkbox"/> Diabetes (Type 2) *	<input type="checkbox"/> Dialysis*	<input type="checkbox"/> Digestive problems*
<input type="checkbox"/> Diverticulitis*	<input checked="" type="checkbox"/> Emphysema	Fractures (recent)
<input type="checkbox"/> Frequent falls	<input type="checkbox"/> Gall bladder disease*	<input checked="" type="checkbox"/> Glaucoma
<input type="checkbox"/> Hearing impairment	<input type="checkbox"/> Heart disease*	<input type="checkbox"/> Hiatal hernia
<input type="checkbox"/> High blood pressure*	<input type="checkbox"/> High cholesterol*	<input checked="" type="checkbox"/> Hyperglycemia*
<input type="checkbox"/> Hypoglycemia*	<input checked="" type="checkbox"/> Incontinence	<input type="checkbox"/> Legally blind*
<input type="checkbox"/> Liver disease	<input type="checkbox"/> Low blood pressure	<input checked="" type="checkbox"/> Mobility Impairment
<input checked="" type="checkbox"/> Morbid obesity*	<input checked="" type="checkbox"/> Multiple Sclerosis	<input type="checkbox"/> Osteoporosis
<input type="checkbox"/> Oxygen dependent	<input type="checkbox"/> Paralysis	<input type="checkbox"/> Parkinson's

<input type="checkbox"/> Pernicious anemia*	<input type="checkbox"/> Renal disease*	<input type="checkbox"/> Respiratory problems
<input type="checkbox"/> Shingles	<input type="checkbox"/> Smelling impairment*	<input type="checkbox"/> Speech problems*
<input type="checkbox"/> Stroke*	<input type="checkbox"/> Swallowing difficulties*	<input type="checkbox"/> Taste impairment*
<input checked="" type="checkbox"/> Thyroid*	<input type="checkbox"/> Traumatic brain injury	<input type="checkbox"/> Tremors
<input checked="" type="checkbox"/> Tuberculosis	<input type="checkbox"/> Ulcer*	<input type="checkbox"/> Urinary Tract infection
<input type="checkbox"/> Visual impairment	<input type="checkbox"/> Other (Specify)	

\*May indicate need for assessment by nutritionist

E. 1. Does the person have an assistive device?  Yes  No If yes, check all that apply

<input type="checkbox"/> Accessible vehicle	<input type="checkbox"/> Bed rail	<input type="checkbox"/> Cane
<input checked="" type="checkbox"/> Commode	<input type="checkbox"/> Denture - Full	<input type="checkbox"/> Denture - Partial
<input checked="" type="checkbox"/> Grab Bars	<input type="checkbox"/> Glasses	<input checked="" type="checkbox"/> Hand Held Shower
<input type="checkbox"/> Hearing Aid	<input type="checkbox"/> Lift Chair	<input type="checkbox"/> PERS
<input type="checkbox"/> Prosthesis	<input type="checkbox"/> Raised Toilet Seat	<input type="checkbox"/> Scooter
<input type="checkbox"/> Transfer Bench	<input type="checkbox"/> Tub Seat	<input type="checkbox"/> Walker
<input type="checkbox"/> Wheelchair\Transportable folding	<input type="checkbox"/> Other	

2. Does the person need an assistive device?  Yes  No  
 If yes, specify device: \_\_\_\_\_

3. Does the person and/or caregiver need training on the use of an assistive device?  
 Yes  No If yes, describe training needs \_\_\_\_\_

**F. Health Care Visits:**

	Date of Last Visit	Number of Visits in last 12 Months	Reason for Visit(s)
Primary Medical Provider			
Dentist or Hygienist			
Hospitalization			
Clinic/Community Health Center			
Emergency Room			
Eye/Retinologist			
Audiologist			

G. Has a PRI been completed in the past 90 days?  
 Yes  No If Yes, describe the reason for completion \_\_\_\_\_

PRI Score: \_\_\_\_\_

Completed by: \_\_\_\_\_  
 (Name and Affiliation)

Date completed: Month: \_\_\_\_\_ Year: \_\_\_\_\_

Comments: \_\_\_\_\_

H. Has a UAS Assessment been completed in the past 6 months?

Yes  No If Yes, describe the reason for completion \_\_\_\_\_

Completed by: \_\_\_\_\_

(Name and Affiliation)

Date completed: Month: \_\_\_\_\_ Year: \_\_\_\_\_

Comments: \_\_\_\_\_

#### I. Advanced Directives and Legal Information

Power of Attorney:  Yes  No

Power of Attorney Name: \_\_\_\_\_

Power of Attorney Type:  Durable  Finance

Power of Attorney Name: \_\_\_\_\_

Power of Attorney Type:  Durable  Finance

Legal Guardian  Yes  No

Legal Guardian Name: \_\_\_\_\_

Legal Guardian Type:  Article 81  Article 17-A

Legal Guardian Name: \_\_\_\_\_

Legal Guardian Type:  Article 81  Article 17-A

Do Not Resuscitate (DNR)  Yes  No

Health Care Proxy:  Yes  No

MOLST:  Yes  No

Living Will:  Yes  No

Estate Will:  Yes  No

Would the client like more information on completing advanced directives?  Yes  No

Legal Comments: \_\_\_\_\_

#### IV. NUTRITION

A. Person's height \_\_\_\_\_ Source: \_\_\_\_\_

B. Person's weight \_\_\_\_\_ Source: \_\_\_\_\_

C. Body Mass Index \_\_\_\_\_

Calculated from height and weight as follows:

Weight in pounds x 703. Divide this number by height in inches then divide by height in inches again.

Healthy older adults should have a BMI between 22 and 27. A BMI outside of this range may indicate the need for a referral to a dietitian.

D. Are the person's refrigerator/freezer and cooking facilities adequate?

Yes  No If no, describe \_\_\_\_\_

E. Is the person able to open containers/cartons and cut up food?

Yes  No If no, describe \_\_\_\_\_

F. In the event of emergency or inclement weather, does the client maintain a shelf stable food supply that does not require refrigeration or heating?  Yes  No\*

\*If no, case manager should be addressing in care plan (e.g. referral to food pantry, list of supplies, purchase non electric can opener)

G. Does the person have a physician prescribed modified therapeutic diet?

Yes (If yes, check all that apply)

Texture-Modified  Calorie Controlled Diet  Sodium Restricted  
 Fat Restricted  High Calorie  Renal  
 Diabetic  Liquid Nutritional Supplement  Other (Specify) \_\_\_\_\_

If No, Check all that apply

Regular  Special Diet  Vegetarian  
 Ethnic/Religious (specify)

H. Does the person have a physician-diagnosed food allergy?

Yes  No If yes, describe \_\_\_\_\_

I. Does the person use nutritional supplements?

Yes  No If yes specify who prescribed and the supplement \_\_\_\_\_

J. Nutritional Risk Status

Check all that apply and circle the corresponding number at right Score

<input type="checkbox"/> Has an illness or conditions that made you change the kind and/or amount of food you eat.	2
<input type="checkbox"/> Eats fewer than 2 meals per day.	3
<input type="checkbox"/> Eats few fruits or vegetables, or milk products.	2
<input type="checkbox"/> Has 3 or more drinks of beer, liquor, or wine almost every day.	2
<input type="checkbox"/> Has tooth or mouth problems that make it hard for me to eat.	2
<input type="checkbox"/> Does not always have enough money to buy the food they need.	4
<input type="checkbox"/> Eat alone most of the time.	1
<input type="checkbox"/> Takes 3 or more different prescribed or over-the-counter drugs a day.	1
<input type="checkbox"/> Without wanting to, lost or gained 10 or more pounds in the last 6 months.	2
<input type="checkbox"/> Not always physically able to shop, cook, and/or feed themselves.	2

NSI Score: \_\_\_\_\_

A score of 6 or more indicates "High" nutrition risk. 3-5 Indicates "Moderate " nutrition risk, and 2 or less Indicates "Low" nutritional risk.

Conclusion: Based on the NSI score, this person is at check one:

High Risk  Moderate Risk  Low Risk    Comments: \_\_\_\_\_

**K. Does client exhibit any of the following?**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Anorexic Behaviors         | <input type="checkbox"/> Bulimic Behaviors                                       | <input type="checkbox"/> Compulsive Overeating                            |
| <input type="checkbox"/> Decreased Appetite         | <input type="checkbox"/> Difficulty Chewing                                      | <input type="checkbox"/> Difficulty holding utensils and opening packages |
| <input type="checkbox"/> Loose/ill-fitting dentures | <input type="checkbox"/> No appetite due to medication or medication side effect | <input type="checkbox"/> No teeth at all and no dentures                  |
| <input type="checkbox"/> Overweight                 | <input type="checkbox"/> Underweight   |   |

**L. In the past 3 months, has the client been able to brush their teeth and/or clean their dentures regularly (at least once a day)?**     Yes     No

If 'No, Select all that apply)

- Cannot hold toothbrush/denture brush
- Has trouble remembering/forgets
- No toothbrush/ denture brush
- No toothpaste/ denture cleaner
- Other

**M. Is the client unable to attend a congregate meal program because of an accident, illness or frailty?**

Yes     No

**N. Does the client lack formal or informal supports who can regularly provide meals?**     Yes  No

**O. Is the client able to live safely at home if home delivered meal services are provided?**  Yes  No

**P. The client is unable to prepare meals because (Select all that apply):**

- Lacks adequate cooking facilities
- Lacks knowledge or skills to prepare meals
- Unable to safely prepare meals
- Unable to shop or cook

**Q. Is there a non-senior spouse who is less than 60 years of age who would receive a HDM?**

Yes  No

**R. Is there a disabled dependent who is less than 60 years of age who would receive a HDM?**

Yes  No

**S. Frozen Meal Eligibility Screening:**

1. Does the client have a working freezer, refrigerator and equipment to heat their meal?  
 Yes  No
2. Is there sufficient freezer capacity to store 3 or more packages of meals each measuring 9x7x2?  
 Yes  No
3. Can the client safely operate/manage a microwave oven, toaster oven and/or oven?  
 Yes  No
4. Can the client read and safely follow instructions about storage and re-heating meals?  
 Yes  No
5. Can the client safely manage the receipt of multiple meals and cold packs from a deliverer at their front door and manage placement of those items in the refrigerator and freezer independently?  
 Yes  No
6. Is the client able to handle a frozen meal? (Must answer the previous 5 questions)  
 Yes  No

Please indicate client's meal preference: (applies to both weekday and weekend meals)

Hot       Chilled       Frozen       Regular       Other: \_\_\_\_\_

T. Have you been referred to a registered dietician?  Yes  No (if no, referral should be added to care plan).

## V. Psycho-Social Status

### A. Psycho-Social Condition

Does the person appear, demonstrate and/or report any of the following (check all that apply)?

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> alert             | <input type="checkbox"/> cooperative              | <input type="checkbox"/> dementia          |
| <input type="checkbox"/> depressed         | <input type="checkbox"/> disruptive socially      | <input type="checkbox"/> hallucinations    |
| <input type="checkbox"/> hoarding          | <input type="checkbox"/> impaired decision making | <input type="checkbox"/> lonely            |
| <input type="checkbox"/> memory deficit    | <input type="checkbox"/> physical aggression      | <input type="checkbox"/> self-neglect      |
| <input type="checkbox"/> sleeping problems | <input type="checkbox"/> suicidal behavior        | <input type="checkbox"/> suicidal thoughts |
| <input type="checkbox"/> verbal disruption | <input type="checkbox"/> worried or anxious       | <input type="checkbox"/> other (specify)   |

B. Evidence of substance abuse problems?  Yes  No If yes describe \_\_\_\_\_

### C. The CAGE Questionnaire - Substance Abuse Screening Tool

1. Have you ever felt you ought to cut down on your drinking or drug use?  Yes  No
2. Have people annoyed you by criticizing your drinking or drug use?  Yes  No
3. Have you felt bad or guilty about your drinking or drug use?  Yes  No
4. Have you ever had a drink or used drugs first thing in the morning to steady your nerves or to get rid of a hangover (eye-opener)?  Yes  No

### D. Behavioral Health

1. Problem behavior reported?  Yes  No If yes, describe \_\_\_\_\_
2. Diagnosed mental health problems?  Yes  No If yes, describe \_\_\_\_\_
3. History of mental health treatment?  Yes  No If yes, describe \_\_\_\_\_

E. In the past 12 months, the client experienced the death of: (check all that apply)

- Caregiver       Child       Other family or household member  
 Spouse/domestic partner       Pet

F. Client reports little interest/pleasure in doing things.  Yes  No

G. Client has thoughts that he/she would be better off dead or of hurting self in some way.

Yes  No

H. Does it appear that a mental health evaluation is needed?

Yes  No (If Yes, note Referral Plan in the Care Plan)

Comments: \_\_\_\_\_

**VI. PRESCRIBED MEDICATIONS OVER THE COUNTER MEDICATIONS**

## A. MEDICATIONS.

Name	Dose/Frequency	Reason Taken

B. Primary Pharmacy: Name \_\_\_\_\_ Phone: \_\_\_\_\_

C. Does client receive medication via mail order?  Yes  NoD. Does the person have any problems taking medications?  Yes  NoE. Adverse reactions/allergies/sensitivities?  Yes  No if Yes. Describe \_\_\_\_\_F. Cost of medication  Yes  No if Yes. Describe \_\_\_\_\_G. Obtaining medications  Yes; (if yes describe) \_\_\_\_\_  No

H. Other (Describe)

Comments: \_\_\_\_\_

**Fall Risks Factors:**

Fall within the past year:	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Living Alone and > 85 years old:	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Cognitive Impairment:	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Cardiovascular Impairment:	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Sensory Impairment:	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Neuromuscular Changes:	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Depression:	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Urological Changes:	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Stress:	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Malnutrition:	<input type="checkbox"/> No	<input type="checkbox"/> Yes
PolyPharmacy:	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Dehydration:	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Substance Abuse/Use:	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Acute Illness:	<input type="checkbox"/> No	<input type="checkbox"/> Yes
CVA History:	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Home Hazards:	<input type="checkbox"/> No	<input type="checkbox"/> Yes

Housing Fall Risk Comments: \_\_\_\_\_

**VII. INSTRUMENTAL ACTIVITIES OF DAILY LIVING (IADLs)**

**STATUS/UNMET NEED**

**Activity Status:** 1=Totally Able  
 (Use for Sec. VII 2=Requires intermittent supervision and/or minimal assistance.  
 & VIII) 3=Requires continual help with all or most of this task  
 4=Person does not participate; another person performs all aspects of this task.

Check if assistance is/will be provided by

	Is Need Met*	Activity Status	Informal Supports	Formal Services	With Assisted Devices	Comments: Describe limitations, parts of tasks to be done and responsibilities of informal supports and formal Services.
A. Housework /cleaning						
B. Shopping						
C. Laundry						
D. Use transportation						
E. Prepare & cook meals						
F. Handle personal business/finances						
G. Use Telephone						
H. Self-admin of medication						

\*Is Need Met Currently (at time of Assessment)?

Are changes in IADL capacity expected in the next 6 months?  
 [ ] Yes [ ] No If Yes, Describe \_\_\_\_\_

**VIII. ACTIVITIES OF DAILY LIVING (ADLs)  
STATUS/UNMET NEED**

Check if assistance is/will be provided by

	Is Need Met*	Activi ty Statu s	Infor mal Supp orts	Form al Servi ces	With Assis ted Devi ces	Comments <i>Describe limitations, parts of tasks to be done and responsibilities of informal supports and forma! services.</i>
<p>A. Bathing</p> <p>1. Requires no supervision or assistance. May use adaptive equipment.</p> <p>2. Requires intermittent checking and observing/minimal assistance at times</p> <p>3. Requires continual help.</p> <p>4. Person does not participate.</p>						
<p>B. Personal Hygiene</p> <p>1. Requires no supervision or assistance</p> <p>2. Requires intermittent supervision and/or minimal assistance.</p> <p>3. Requires continual help with all or most of personal grooming.</p> <p>4. Person does not participate; another person performs all aspects of personal hygiene</p>						
<p>C. Dressing</p> <p>1. Needs no supervision or assistance.</p> <p>2. Needs intermittent supervision/minimal assistance at times.</p> <p>3. Requires continual help and/or physical assistance.</p> <p>4. Person does not participate, is dressed by another, or bed gown is generally worn due to condition of person.</p>						
<p>D. Mobility</p> <p>1. Walks with no supervision or assistance. May use adaptive equipment.</p> <p>2. Walks with intermittent</p>						

<p>supervision. May require human assistance at times.</p> <p>3. Walks with constant supervision and/or physical assistance.</p> <p>4. Wheels with no supervision or assistance, except for difficult maneuvers, or is wheeled, chairfast or bedfast. Relies on someone else to move about, if at all.</p>						
<p>E. Transfer</p> <p>1. Requires no supervision or assistance. May use adaptive equipment.</p> <p>2. Requires intermittent supervision. May require human assistance at times.</p> <p>3. Requires constant supervision and/or physical assistance.</p> <p>4. Requires lifting equipment and at least one person to provide constant supervision and/or physically lift, or cannot and is not taken out of bed.</p>						
<p>F. Toileting</p> <p>1. Requires no supervision or physical assistance. May require special equipment, such as raised toilet or grab bars.</p> <p>2. Requires intermittent supervision and/or minimal assistance.</p> <p>3. Continent of bowel and bladder. Requires constant supervision and/or physical assistance.</p> <p>4. Incontinent of bowel and/or bladder.</p>						
<p>G. Eating</p> <p>1. Requires no supervision or assistance.</p> <p>2. Requires intermittent supervision and/or minimal physical assistance.</p> <p>3. Requires continual help and/or physical assistance.</p> <p>4. Person does not manually participate. Totally fed by hand, a tube or parental feeding for primary intake of food,</p>						

\*Is Need Met Currently (at time of Assessment)?

Are changes in ADL capacity expected in the next 6 months?

Yes  No If Yes, Describe \_\_\_\_\_

**IX. SERVICES CLIENT CURRENTLY IS RECEIVING**

A. What formal service(s) does the person currently receive? *(Check all that apply)*

none utilized

Provider Information

adult day health care

assisted transportation

caregiver support

case management

community-based food program

consumer directed in-home services

congregate meals

equipment/supplies

friendly visitor/telephone reassurance

health promotion

health insurance counseling

home health aide

home delivered meals

hospice

housing assistance

legal services

mental health services

nutrition counseling

occupational therapy

outreach

personal care level 1

personal care level 2

personal emergency response system (PERS)

physical therapy

protective services

respite

respiratory therapy

senior center

senior companions

services for the blind

shopping

skilled nursing

social adult day care

speech therapy

transportation

other (specify)\_\_\_\_\_

**X. INFORMAL SUPPORT STATUS**

- A. Does the person have family, friends and/or neighbors who help or could help with care?  
 Yes  No (If No, skip to question C of this section)

**Primary Informal Support**

1. Name:

Address:

Relationship:

Home Phone:

Work Phone:

Cell Phone:

E-mail:

Involvement: (Type of help/frequency) \_\_\_\_\_

1. a. Does the consumer appear to have a good relationship with this informal support?  
 Yes  No (Explain) \_\_\_\_\_
1. b. Would the consumer accept help, or more help, from this informal support in order to remain at home and/or maintain independence? (Check one)  
 willing to accept help  unwilling to accept any help
1. c. Are there any factors that might limit this informal support's involvement? (Check all that apply)  
 job  finances  family  
 responsibilities  physical burden  transportation  
 emotional burden  health problems  reliability  
 living distance  overwhelmed
1. d. Is the informal support received:  adequate  inadequate  temporarily unavailable
1. e. Would this informal support be considered the caregiver? (Definition of caregiver can be found in the COMPASS instructions.)  Yes  No
1. f. Does the caregiver identify the need for respite?  Yes  No  
 If yes, when?  
 Morning  Afternoon  Evening  
 Overnight  Weekend  Needs relief and would take it any time  
 Day & Evening  Other
1. g. Which of these services could be provided as respite for the caregiver?  
 Adult Day Services  Personal Care Level 1  Personal Care Level 2  
 In Home Contact & Support (Paid Supervision)
1. h. Would the caregiver like to receive information about other caregiver services?  Yes  No

**Secondary** Informal Support:

2. Name:

Address:

Relationship:

Home Phone:

Work Phone:

Cell Phone:

E-mail:

Involvement: (Type of help/frequency)

2. a. Does the consumer appear to have a good relationship with this informal support?  Yes  No  
(Explain)

2. b. Would the consumer accept help, or more help, from this informal support in order to remain at home and/or maintain independence? (Check one)

willing to accept help       unwilling to accept any help

2. c. 1. Are there any factors that might limit this informal support's involvement? (Check all that apply)

<input type="checkbox"/> job	<input type="checkbox"/> finances	<input type="checkbox"/> family
<input type="checkbox"/> responsibilities	<input type="checkbox"/> physical burden	<input type="checkbox"/> transportation
<input type="checkbox"/> emotional burden	<input type="checkbox"/> health problems	<input type="checkbox"/> reliability
<input type="checkbox"/> living distance	<input checked="" type="checkbox"/> overwhelmed	

2. d. Is the informal support received  adequate  inadequate  temporarily unavailable

2. e. Would this informal support be considered the caregiver? (Definition of caregiver can be found in the COMPASS instructions.)  Yes  No

2. f. Does the caregiver identify the need for respite?  Yes  No

If yes, when?

<input type="checkbox"/> Morning	<input type="checkbox"/> Afternoon	<input type="checkbox"/> Evening
<input type="checkbox"/> Overnight	<input type="checkbox"/> Weekend	<input checked="" type="checkbox"/> Needs relief and would take it any time
<input checked="" type="checkbox"/> Day & Evening	<input type="checkbox"/> Other	

2. g. Which of these services could be provided as respite for the caregiver?

Adult Day Services       Personal Care Level 1       Personal Care Level 2  
 In Home Contact & Support (Paid Supervision)

2.h. Would the caregiver like to receive information about other caregiver services?  Yes  No

B. Can other Informal supports) provide temporary care to relieve the caregiver(s)?

Yes       No If Yes, Describe \_\_\_\_\_

B. Does the person have any community, neighborhood or religious affiliations that could provide assistance?  Yes  No

If Yes, describe who might be available, when they might be available and what they might be willing to do \_\_\_\_\_

Comments: \_\_\_\_\_

**XI. MONTHLY INCOME**

A.

		Monthly Income*			
		A. Individual Being Assessed	B. Person's Spouse	C. Other Family/ Household Income	D. Total Family/ Household Income
1.	Social Security (net)				
2.	Supplemental Security Income: (SSI)				
3.	Personal Retirement Income				
4.	Interest				
5.	Dividends				
6.	Salary/Wages				
7.	Other				
	Total Monthly Income:				

\*Note only columns A + B are used for EISEP cost share.

B. Number of people in household \_\_\_\_\_

C. Is client a veteran? \_\_\_\_\_

D.  Check if person will provide no financial information (Describe) \_\_\_\_\_

E. Is client registered to vote?  yes  no

F. If no, was client offered a voter registration application?  yes  no

**XII. BENEFITS/ENTITLEMENTS**

<b>Benefit Status Code must be noted:</b>		
A. Has the benefit/entitlement		F. Application pending
B. Does not have the benefit/entitlement		G. Does not need.
C. May be eligible and is willing to pursue benefit/entitlement		H. Not applicable
D. Refuses to provide Information		I. Not eligible
E. Denied		
Benefit	Benefit Status Code	Comments
<b><i>Income Related Benefits</i></b>		
Social Security		
SSI*		
Railroad retirement		
SSD		
Veteran's Benefits (Specify)		
Other (Specify)		
<b><i>Entitlements</i></b>		
Medicaid Number		
Food Stamps (SNAP)		
Public Assistance		
Other (Specify)		
<b><i>Health Related Benefits</i></b>		
Medicare Number		
QMB		
SLMB/QI		
EPIC		
Low Income Subsidy (LIS)		
Medicare Part D (Drug Coverage)		
Medigap Insurance/Medicare Advantage (Specify)		
Long Term Care Insurance (Specify)		
Other Health Insurance (Specify)		
<b><i>Housing Related Benefits</i></b>		
Senior Citizens Exemption (Local option income based)		

SCRIE		
Section 8		
IT214		
Veteran Tax Exemption		
Reverse Mortgage		
Real Property Tax Exemption (Enhanced STAR)		
Real Property Tax Exemption (Basic STAR)		
HEAP		
Other		

***\*Persons receiving SSI is categorically eligible for Medicaid and should have a Medicaid card.***

**XIII. CARE PLAN**

Date (mm/dd/yy): \_\_\_\_\_

Person's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Prepared by: \_\_\_\_\_

Person's Phone: \_\_\_\_\_

A. Is the person self-directing/able to direct care?  Yes  No If No, who will provide direction?  
\_\_\_\_\_

B. What are the person's preferences regarding provision of services? \_\_\_\_\_  
\_\_\_\_\_

C. **Issues**/Problems to be referred: \_\_\_\_\_  
\_\_\_\_\_

D. **Identified areas** of needs to be addressed? \_\_\_\_\_  
\_\_\_\_\_

E. Action Steps agreed to: \_\_\_\_\_  
\_\_\_\_\_

F. Information/special instructions that have direct bearing on implementation of the care plan:  
\_\_\_\_\_  
\_\_\_\_\_

G. Plan has been discussed and accepted by client and/or Informal supports?  Yes  No  
If No, explain: \_\_\_\_\_

H. OK to discuss with informal supports?  Yes  No

I. Plan approved by: \_\_\_\_\_

Date (mm/dd/yy): \_\_\_\_\_

Phone: \_\_\_\_\_

Signature and Title: \_\_\_\_\_

For each Issue/Needs:

Issue/Problem	Goals	Care Plan Objectives	Proposed Time Frame	Action Steps	Comments

For each service client should receive:

D. Types of services to be provided	Quantity	Frequency*	When	Start Date	Projected End Date	Provided: Informal/ Formal	Provider

\* W = Weekly; M = Monthly or O = Services only delivered as needed

G. Has person been placed on waiting list for any service need?  Yes  No

If Yes, List the Services

Service	Provider	Date Placed on List

**SERVICE/CARE PLAN TERMINATION**

A. What is being terminated? Services(s) Care Plan  
If Service, Specify which one(s)

B. Termination Date:

C. Reason for termination: (Check all that apply)

- None (Reason Unknown)
- Goal Met: (Specify) \_\_\_\_\_
- Client Request
- Client Moved
- Hospitalization
- Nursing Facility
- Assisting Living
- Death
- Other: (specify) \_\_\_\_\_

D. Service of Care Plan Related Client Outcome(s) Statements: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

E. Terminated by: \_\_\_\_\_

\_\_\_\_\_  
Signature Title

\_\_\_\_\_  
Date: Work Phone: Cell Phone: E-mail