

Coalition of NYS Alzheimer's Association Chapters

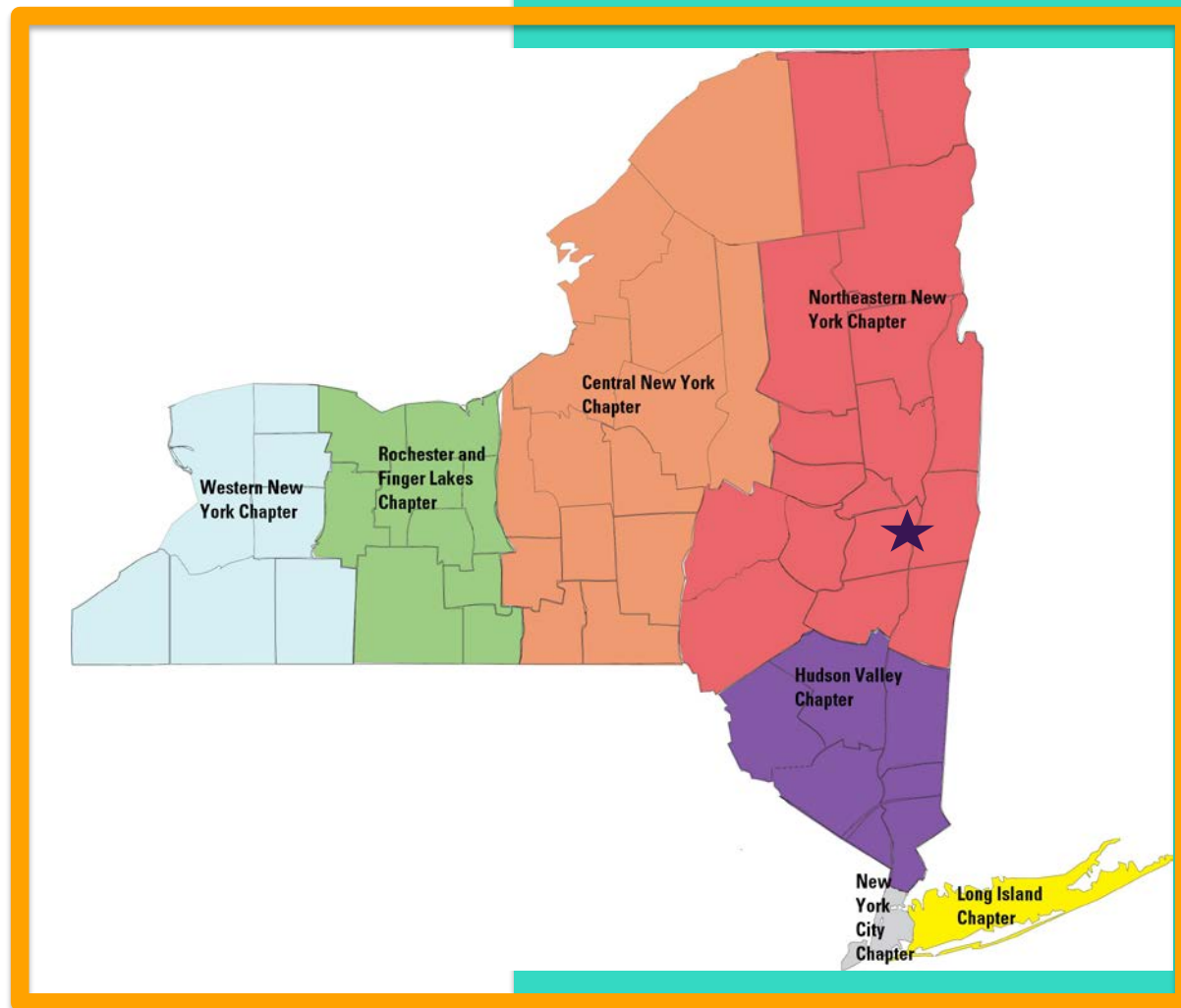


alzheimer's  association®

WHO WE ARE

The Coalition of New York State Alzheimer's Association Chapters is the only statewide organization representing all New Yorkers affected by Alzheimer's disease and dementia.

The Coalition is comprised of seven NYS chapters (see map) and a main office in Albany.



WHAT WE DO

The Coalition

- ✓ promotes the concern and awareness of Alzheimer's disease and related dementia and caregiver health
- ✓ facilitates care and support
- ✓ advances public policy

on behalf of the 390,000 New Yorkers with Alzheimer's disease and their 1.1 million informal caregivers.

alzheimer's association®

Chapters services include:

- a free 24/7 helpline –
- 1.800.272.3900
- information and referrals
- care consultations
- support groups
- safety services
- education for individuals, families, community members and healthcare professionals
- social enrichment programs



THE ALZHEIMER'S ASSOCIATION® **ADVOCATES** FOR THOSE AFFECTED BY ALZHEIMER'S DISEASE

To ensure NYS policy reflects the concerns of those affected by Alzheimer's, we collaborate with:

- ✓ statewide organizations
- ✓ state agencies
- ✓ policy-minded individuals
- ✓ elected officials

We facilitate dementia capability while pursuing our vision - a world without Alzheimer's disease.

What is Dementia?

Dementia is a general term for a decline in mental ability severe enough to interfere with daily life. Memory loss is an example. Alzheimer's is the most common type of dementia.

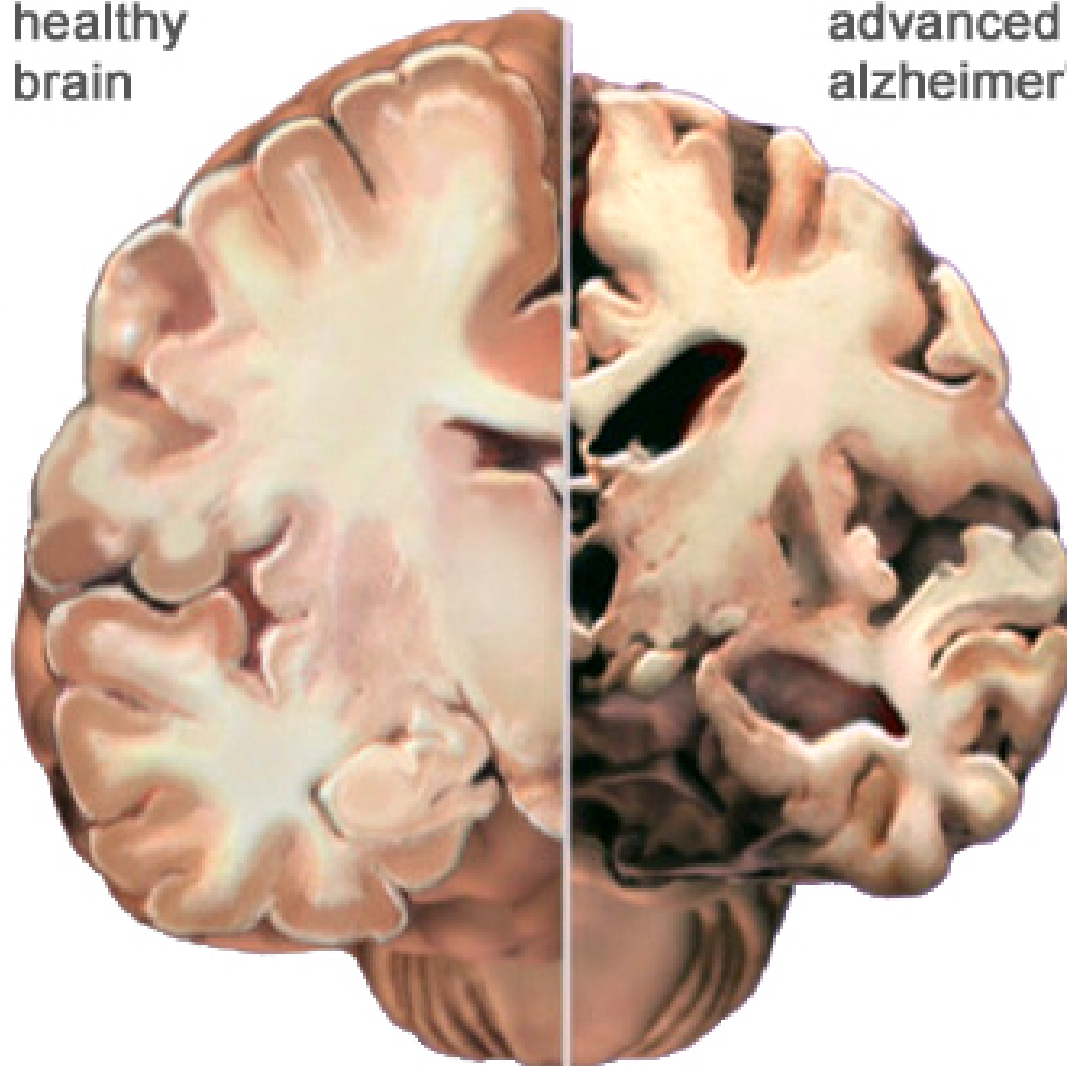
What is Alzheimer's Disease?

Characteristics: AD is a slowly progressive brain disease that begins well before symptoms emerge and is fatal. There is no known cure or vaccine for this disease. AD is the most common type of dementia, accounting for an estimated 60 to 80% of cases.

- **Early-stage:**
 - Difficulty remembering recent conversations, names, or events
 - Confusion with time and place
 - Word finding issues
 - Difficulty performing familiar tasks in home, social, or work settings
 - Misplacing valuable items
 - Losses in planning, problem solving, and organizational abilities
 - Changes in mood or behavior
 - Withdrawal from work or social activities
 - Impaired judgment

- **Middle-stage:**
 - Forgetting events in one's personal history
 - Mood changes (apathy, depression, irritability)
 - Behavioral changes (agitation, wandering, aggression)
 - Increasing confusion related to date, time, and place
 - Difficulty maintaining continence
 - Disturbances in sleep, disruptions in sleep patterns
 - Increasing difficulties with ADLs, mobility, and functional independence
- **Late-stage:**
 - **Lack of** awareness of recent experiences, surroundings, and physical functioning
 - Difficulty swallowing
 - At risk for infections, especially pneumonia
 - Further decline in physical ability and mobility
 - Significant dependence on caregivers for ADLs and personal care
 - Impaired verbal and receptive communication skills

healthy
brain



advanced
alzheimer's

Why Alzheimer's Is Costly

780 hospital stays
for every 1,000
seniors with
Alzheimer's or
dementia

243 hospital stays
for every 1,000
seniors without these
conditions

People with Alzheimer's or dementia have
over 3 times as many hospital stays

Created from unpublished data from the Medicare Current Beneficiary Survey for 2008.

Source: 2015 Alzheimer's Association Facts & Figures

In April 2015, thanks to Governor Cuomo, the NYS legislature allocated \$25+ million/year for 5 years to Alzheimer's Disease Caregiver Initiatives.

This is the largest state award for Caregiver support ever in the US.

AizCAP

\$4,976,000

CEAD

\$4,000,000

Caregiver Support and Respite

\$15,000,000

Underserved

\$1,500,000

ALZHEIMER'S DISEASE CAREGIVER SUPPORT INITIATIVE

A five year initiative to provide a wide range of comprehensive and coordinated evidenced-based caregiver support and respite services within specified geographic regions.

STATEWIDE CAREGIVER PROJECT GOALS

- Develop and sustain of evidenced-based support services.
- Reduce avoidable ED visits and hospitalizations.
- Improve coordination and access to new and existing support services.
- Expand and enhance access to respite services.
- Improve health and well-being of caregivers and individuals with AD/D.
- Limit all unnecessary transitions.
- Continue community residence and reduce institutionalization of individuals diagnosed with AD/D.

CEAD Program Overview

- **Patient Management & Care**
- **Training and Education**
- **Community Collaborations**
- **Public Awareness**
- **Program Evaluation**

Albany Medical Center

SUNY Downstate

SUNY Upstate

Columbia University

NYU

University at Buffalo

Burke Rehab Hospital

Glens Falls Hospital

SUNY at Stonybrook

University of Rochester

Caregiver Support And Respite Services Grant

Ten regional contractors, reaching every county in the state... receive \$1.5 million each annually to provide support services to promote the mental and physical well-being of caregivers.

- Care Consultation
- Family Consultations
- Support Groups
- Respite
- Education & Training
- Wellness Activities
- Joint Enrichment

Caregiver Support And Respite Services Grant cont'd

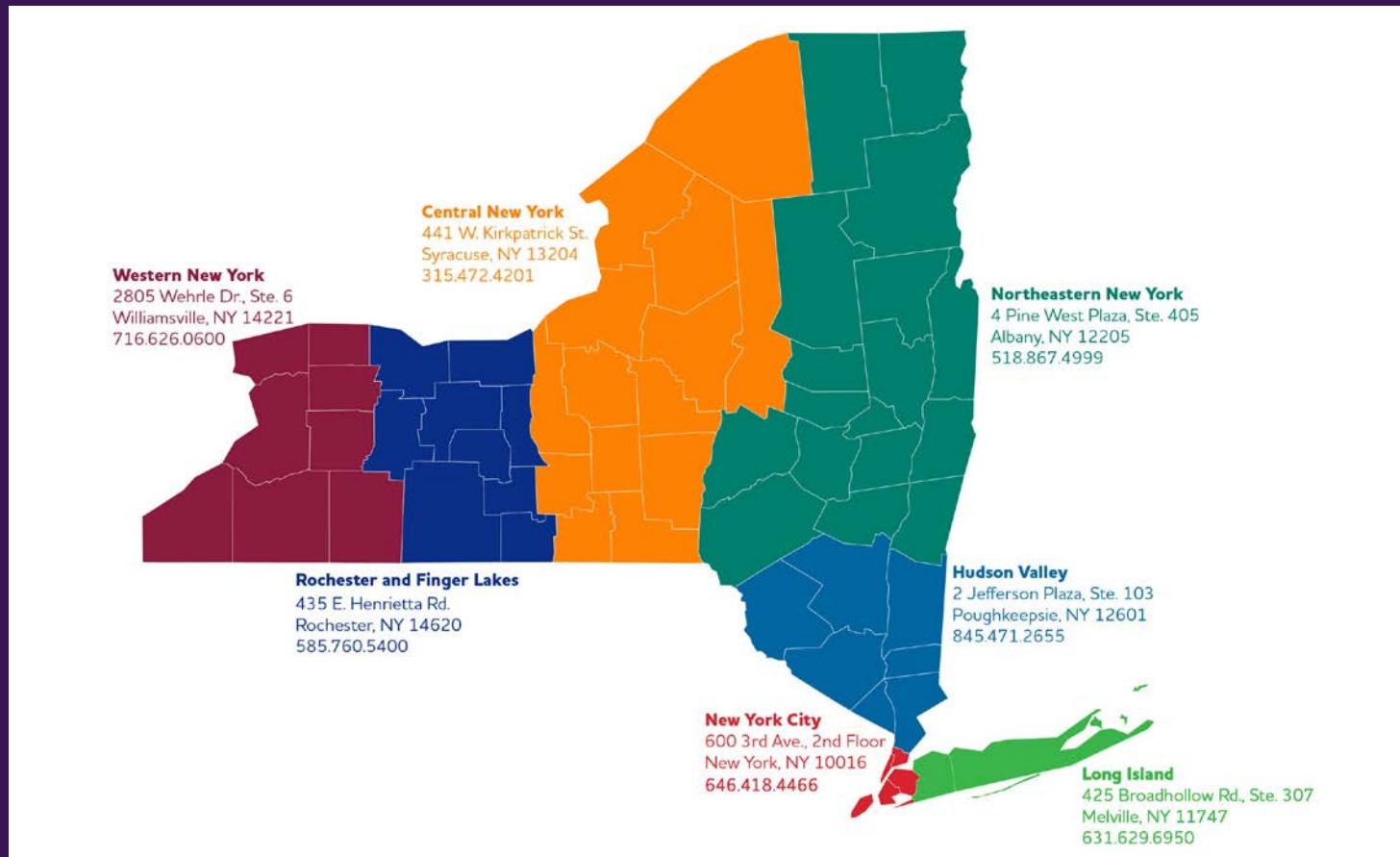
- Alzheimer's Association, Hudson Valley Chapter
- Alzheimer's Association, Central New York
- Research Foundation for SUNY Plattsburgh
- Northeast Health Foundation, Inc.
- Catholic Charities of Buffalo
- Lifespan of Greater Rochester, Inc.
- Parker Jewish Institute for Health Care and Rehabilitation
- Sunnyside Community Services, Inc.
- New York University School of Medicine
- Presbyterian Senior Services, Inc.

Alzheimer's Disease Caregiver Support Initiative for Underserved Communities

- Outreach
- Education
- Support And
- Targeted Respite
*Opportunities for
underserved ethnic or
geographic populations*

- Jamaica Service Program for Older Adults
- Jewish Community Ctr of Staten Island
- New York Memory Center
- Regional Aid for Interim Need
- Riverstone Senior Life Services
- Sunnyside Community Services
- Alzheimer's Association of the Hudson Valley
- Alzheimer's Association of Rochester and Finger Lakes
- Chautauqua Opportunities
- Family & Children's Association
- Lutheran Home of CNY
- Pride Center of WNY
- Caring Kind
- Resource Center for Independent Living
- Syracuse University

Alzheimer's Community Assistance Program - AlzCAP



Through the generous support of DOH, the Coalition has expanded core services and outreach to important community partners. Through **AlzCAP**, and increased funds, we have increased the number of:

- support groups
- care consultations
- free 24-hour helpline response
- expanded community outreach and education
caregiver education (professional and informal)
- safety services

We have grown AlzCAP and ...

- Partnered with providers, houses of worship, senior centers, first responders, pharmacies, cultural organizations, financial planners, lawyers, mail carriers, and so many others to bring public awareness to the Alzheimer's epidemic and empower them to be dementia-friendly and dementia-capable.
- Hired bilingual professionals, additional social workers and patient advocates to support family members of individuals with Alzheimer's.
- Created passionate ambassadors to increase concern and awareness, advance public policy and enhance the care and support so desperately needed through New York's 62 counties.

Our Mandate

As the statewide leader in Alzheimer's care and support, in collaboration with the NYS DOH, we **partner** with and convene other DOH contractors & subcontractors, community gatekeepers, healthcare and LTC providers - and others – who also support increased care and support for those facing Alzheimer's and related dementia.

How can NYSADSA members work with the Coalition?

Train!

Offer Respite!

Partner!

Professional Training

CARES online training, developed collaboratively by the Alzheimer's Association and HealthCare Interactive®, is a person-centered, easy-to-remember approach to caring for an individual with dementia at any stage of the disease.

The CARES training modules use a wide variety of interactive techniques, featuring demonstrations by real CNAs and staff members working with actual people living with dementia. CEUs are available for CARES Dementia Basics & Advanced Care online training.



<http://www.hcinteractive.com/TestDriveCares>

- The Alzheimer's Association and MedicAlert Foundation International have formed an alliance to improve the safety of individuals with Alzheimer's or a related dementia.
- MedicAlert® + Alzheimer's Association Safe Return® is a 24-hour nationwide emergency response service for individuals with Alzheimer's or a related dementia who wander or have a medical emergency.
- If an individual with Alzheimer's or a related dementia wanders and becomes lost, caregivers can call the 24-hour emergency response line (1.800.625.3780) to report it.
- A community support network will be activated, including local Alzheimer's Association chapters and law enforcement agencies, to help reunite the family member or caregiver with the person who wandered.



Live 24-hour emergency response for wandering and medical emergencies



safe return®

alzheimer's  association®

Please be in touch.

We want to work with you.

Jane Ginsburg
Executive Director
[518.867.4999 x208](tel:518.867.4999)
jginsburg@alz.org

4 Pine West Plaza,
Suite 405
Albany, NY 12205

alznys.org

The image shows a map of New York State divided into seven regions, each with a specific color and a contact phone number. The regions are: Western New York (maroon), Central New York (orange), Rochester and Finger Lakes (dark blue), Northeastern New York (green), Hudson Valley (medium blue), New York City (red), and Long Island (light green). The Alzheimer's Association logo and name are at the top left, and the 24/7 Help Line number is at the top right.

Region	Contact Number
Western New York	716.626.0600
Central New York	315.472.4201
Rochester and Finger Lakes	585.760.5400
Northeastern New York	518.867.4999
Hudson Valley	845.471.2655
New York City	646.418.4466
Long Island	631.629.6950